



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COMMUNITY LEADERSHIP

## COMMUNITY & AQUATIC SAFETY AWARENESS TEAM (CASAT)

Community Partners Include:

- Jackie Robinson YMCA
- Navy SEALs
- San Diego Police Department
- San Diego Lifeguards

Participants will have a better understanding of how to achieve their goals while remaining safe in the community and in the aquatic environment. Programming includes instruction in the following areas:

- Aquatic safety and personal safety
- Leadership and teamwork
- Mental-strength
- Effective handling of emergency situations
- Community involvement and healthy habits

CASAT believes that all children deserve the opportunity to discover who they are and what they can achieve in a safe, nurturing environment.

*Time: 9:00am to 11:30am*

*Location: Jackie Robinson  
Family YMCA*

*Dates: April 2 to April 6, 2012*

